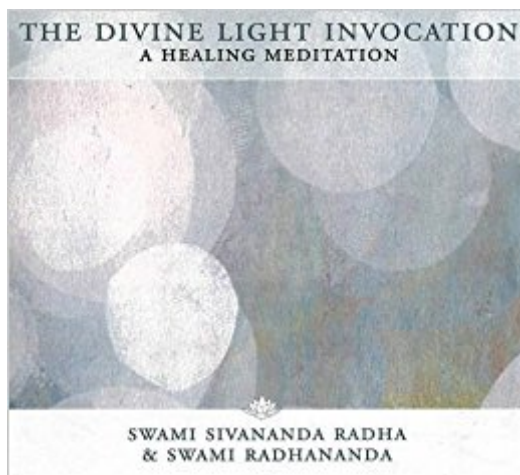


The book was found

The Divine Light Invocation: A Healing Meditation



Synopsis

The Divine Light Invocation is a powerful healing meditation that cultivates concentration, compassion, and an increased sense of awareness in daily life. Blending visualization, affirmation, and breathing with tension and relaxation exercises, the Divine Light Invocation is an ancient practice ideal for bringing Light, healing and well being to yourself and others. In 1956, Swami Radha received this spiritual practice in a mystical encounter with an Indian saint on the day of her initiation into sanyas. In her forty years of personal practice and teaching, Swami Radha shared the Divine Light Invocation with everyone she met and provided the instructions included in this CD as an inheritance for future generations. This recording features directions and instructions for the practice by Swami Radhananda and an exploration of the meaning and historical context of the Light by Swami Radha.

Book Information

Audio CD

Publisher: Timeless Books; 2nd Revised edition edition (February 1, 2012)

Language: English

ISBN-10: 1932018271

ISBN-13: 978-1932018271

Product Dimensions: 0.2 x 5.5 x 5 inches

Shipping Weight: 2.4 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #1,564,853 in Books (See Top 100 in Books) #40 inÂ Books > Books on CD > Religion & Spirituality > Inspiration #355 inÂ Books > Books on CD > Health, Mind & Body > Meditation #388 inÂ Books > Books on CD > Health, Mind & Body > Relaxation & Meditation

Customer Reviews

Swami Sivananda Radha (1911-1996) is one of the foremost spiritual leaders of our time. Teacher and author, Swami Radha dedicated her life to selfless service and disseminating the ancient wisdom of yoga. She founded Yasodhara Ashram in British Columbia, Timeless Books, and Ascent, a yoga magazine for inspired living. Her published works represent a living legacy of yoga practice based on forty years of personal study and compassionate teaching. As spiritual director of Yasodhrara Ashram in British Columbia, Canada, Swami Radhananda is the successor of her guru, Swami Sivananda Radha. Inspiring, warm and practical, she lives her yoga with commitment and enthusiasm.

[Download to continue reading...](#)

The Divine Light Invocation: A Healing Meditation Healing: Reclaim Your Health: Self Healing Techniques: Fasting, Meditation, Prayer, Healing Medicine, and Energy Work (Channeling, Shamanism, Chakra Healing, ... Qigong Healing, Ayahuasca Book 1) Healing Prayers: 30 Powerful Prophetic Prayers & Declarations For Divine Healing: A Special Prayer Plan for Instant Total Healing & Divine Health Transcendental-meditation: Mindful Meditation, A Beginners Guide To Demystifying Meditation & Being Mindful With Transcendental-meditation Crystals and Gemstones: Healing The Body Naturally (Chakra Healing, Crystal Healing, Self Healing, Reiki Healing) Healing Words: 55 Powerful Daily Confessions & Declarations to Activate Your Healing & Walk in Divine Health: Strong Decrees That Invoke Healing for You & Your Loved Ones Meditation: Complete Guide To Relieving Stress and Living A Peaceful Life (meditation, meditation techniques, stress relief, anger management, overcoming fear, stop worrying, how to meditate) Zen: Beginner's Guide to Understanding & Practicing Zen Meditation to Become Present (Zen for Beginners, Zen Meditation, Zen Habits, Meditation for Beginners) Crystal Healing: Simple Guide To Understanding The Benefits Of Crystals (Healing Stones ,Energy Healing,Crystal Healing Book 2) Reiki: The Healing Energy of Reiki - Beginner's Guide for Reiki Energy and Spiritual Healing: Reiki: Easy and Simple Energy Healing Techniques Using the ... Energy Healing for Beginners Book 1) Crystal Healing: The Ultimate Reference Guide To Understanding The Benefits of Crystals (Healing Stones, Energy Healing, Crystal Healing, Chakras Book 1) Crystal Healing: The Ultimate Reference Guide To Understanding The Benefits of Crystals (Healing Stones, Energy Healing, Crystal Healing, Chakras) Crystals: The Ultimate Guide To: Energy Fields, Auras, Chakras and Emotional Healing (Aura, Healing Stones, Crystal Energy, Crystal Healing, Energy Fields, Emotional Healing, Gemstone) Chakras: Purify and Strengthen Your Inner Self- Radiate Energy, Balance Chakras and Meditation Healing (Chakras, meditation,mindfulness,) Healing: The Three Great Classics on Divine Healing Divine Healing Made Simple: Simplifying the supernatural to make healing and miracles a part of your everyday life The Divine Comedy (Dante Alighieri's Divine Comedy) FOUR BOOKS. MYSTERIES; DIVINE SCIENCE, PRINCIPLE & PRACTICE; SHORT LESSONS IN DIVINE SCIENCE; VARIOUS ARTICLES (Timeless Wisdom Collection) BOOKS:HOW TO BE FREE FROM SICKNESSES AND DISEASES(DIVINE HEALTH): DIVINE HEALTH SCRIPTURES Faith in Divine Unity and Trust in Divine Providence: The Revival of the Religious Sciences Book XXXV (The Revival of the Religious Sciences, Book 35)

Contact Us

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)